

# ***BREAKFAST/PETIT DEJEUNER***

LOCAL. SUSTAINABLE. FARM-FRESH.

*WE SOURCE CERTIFIED ORGANIC DAIRY, MEATS, SEAFOOD, PRODUCE & CAGE-FREE EGGS FROM LOCAL ARTISANS, FISHMONGERS & FAMILY-OWNED FARMS AND RANCHES. WE DISCOURAGE GMO TECHNIQUES. AS OUR GUEST, WE OFFER COMPLIMENTARY ORGANIC, LOCALLY ROASTED ASHLAWN FARM COFFEE, AS WELL AS ALTERNATIVE NATURAL LOW-GLYCEMIC INDEX SWEETENERS SUCH AS TRUVIA & AGAVE NECTAR*

## ***COFFEE, JUICES & BEVERAGES***

FRESHLY-PRESSED ORGANIC VALENCIA ORANGE JUICE 5  
CRANBERRY, PINEAPPLE, GRAPEFRUIT, TOMATO OR V-8 JUICE 4  
ASHLAWN FARM FRENCH PRESS COFFEE 4/6/10  
CAPPUCCINO, DOUBLE SHOT ESPRESSO, CAFFÈ E LATTE 5  
ORGANIC HOT CHOCOLATE OR CHAI 5  
AVON CIDER MILL FRESHLY-PRESSED APPLE CIDER 5

## ***CEREALS, GRAINS & FRUIT***

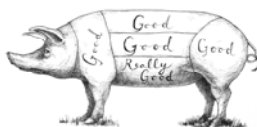
STEEL-CUT OATMEAL BRÛLÉE WITH DRIED FRUITS 5  
GRITS WITH BUTTER & CHEDDAR CHEESE 5.00  
A BOWL OF SEASONAL BERRIES 6.00 (ADD TRINITY FARM YOGURT 2.)  
A BOWL OF NO-HASSLE GRAPEFRUIT 5  
FAMILIA MÜESLI, TRINITY FARM YOGURT, SLICED BANANA 6  
OUR HOUSE GRANOLA WITH TRINITY FARM MILK OR YOGURT 8

## ***PANCAKES, WAFFLES, FRENCH TOAST***

BUTTERMILK PANCAKES 4/8  
WILD LOCAL BLUEBERRY PANCAKES 5/9  
TRADITIONAL CHALLAH FRENCH TOAST 12  
BELGIAN WAFFLE WITH FRESH STRAWBERRIES & WHIPPED CREAM 12  
***POACHED, BOILED, FRITTATAS, OMELETS, STEAMED & SCRAMBLED***  
***MOST ITEMS OFFERED WITH HOME FRIES AND CHOICE OF TOAST***  
TRADITIONAL EGGS BENEDICT 11  
SMOKED SALMON BENEDICT 12  
POACHED EGGS FLORENTINE 11  
CORNED BEEF HASH WITH TWO POACHED CAGE-FREE EGGS 11  
SWISS BREAKFAST-SOFT BOILED EGG, ARTISAN SOFT-RIPENED CHEESE, FRUIT & JONES' APIARY HONEY 10  
CREATE YOUR OWN OMELET 6.00 (FILLINGS \$1.00 EACH) P/A  
FARMER'S OMELET-CORNED BEEF HASH, CABOT CHEDDAR CHEESE 12  
EUROPEAN-STYLE STEAMED SCRAMBLED EGGS WITH CRÈME FRAICHE & FINES HERBES OVER BRIOCHE 11  
HOUSE SMOKED SALMON, CHAMPLAIN VALLEY CREAM CHEESE & DILL OMELET 12  
TWO FARM FRESH CAGE-FREE EGGS YOUR STYLE, YOUR CHOICE OF MEAT 10  
THE "4G" COMBO-TWO EGGS, BACON, SAUSAGE, PANCAKES 14  
STONINGTON SMOKED SALMON WITH TOASTED BAGEL & ACCOMPANIMENTS 14

## ***SIDES, OPTIONS & EXTRAS***

ENGLISH MUFFIN, TOAST, YOGURT, (ADD FOR EGG WHITES OR CHOLESTEROL-FREE EGGS) 2  
NELLIE'S NEST CAGE-FREE EGG (EACH), HOME FRIES, OATMEAL, GRITS OR FRUIT 3  
NODINE'S BACON, SAUSAGE, HAM, KIELBASA OR CORNED BEEF HASH 4  
EIGHT-OUNCE PAINTED HILLS PASTURED N.Y. STRIP STEAK 16



WWW.FERMERESTAURANT.COM~INFO@FERMERESTAURANT.COM  
FOLLOW US ON FACEBOOK OR TWITTER @FARMFOODCT

\*FULLY COOKED MEATS & SEAFOOD GREATLY REDUCES THE RISK OF FOODBORNE ILLNESS.  
FOOD ALLERGIES! PLEASE LET US KNOW. SPLIT PLATE CHARGE \$3.00

***BREAKFAST SERVED M-F 6:30A-10A/SAT 7A-2P/SUN 7A-9:30 FOLLOWED BY SUNDAY BRUNCH***